What You Need to Know

The links on this page will regularly provide you with the latest information to keep you informed on COVID-19.



What to do if you're sick?

- Know the signs and symptoms of COVID-19
- If you think you may have COVID-19 or have tested positive for COVID-19, please follow these Home Isolation Instructions.
- If you've had close contact with a person who tested positive for COVID-19 or believed to have COVID-19, please follow these Home Quarantine Instructions.
- If you still have questions or concerns, please call our COVID-Nurse Advice Line at 844-804-0055 between 7am-7pm, 7 days a week.



How to Protect Yourself and Your Family

How to Talk to Kids about COVID-19

Additional questions about the impact of COVID-19 on

- Children
- Pets
- High Risk Groups
- Travel Safety



Emotional Wellness

For information on the coronavirus (COVID 19), please visit the following: LA County Department of Public Health, U.S. Centers for Disease Control and Prevention, and the World Health Organization.